

To Your Health!

Food Safety at Home



- . Recognize the potential dangers of food borne illnesses**
- . Reduce the risk of illness**
- . Review safe ways to shop for, prepare, and store food.**



Wednesday, March 6, 2013
Thursday, March 7, 2013
Wednesday, March 13, 2013
Wednesday, March 27, 2013

Emmitsburg Senior Center
Brunswick Senior Center
Urbana Senior Center
Frederick Senior Center

11am
11am
12.30pm
12.30pm